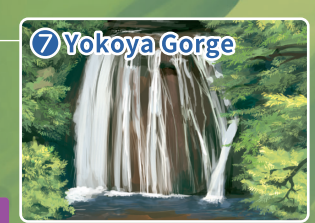
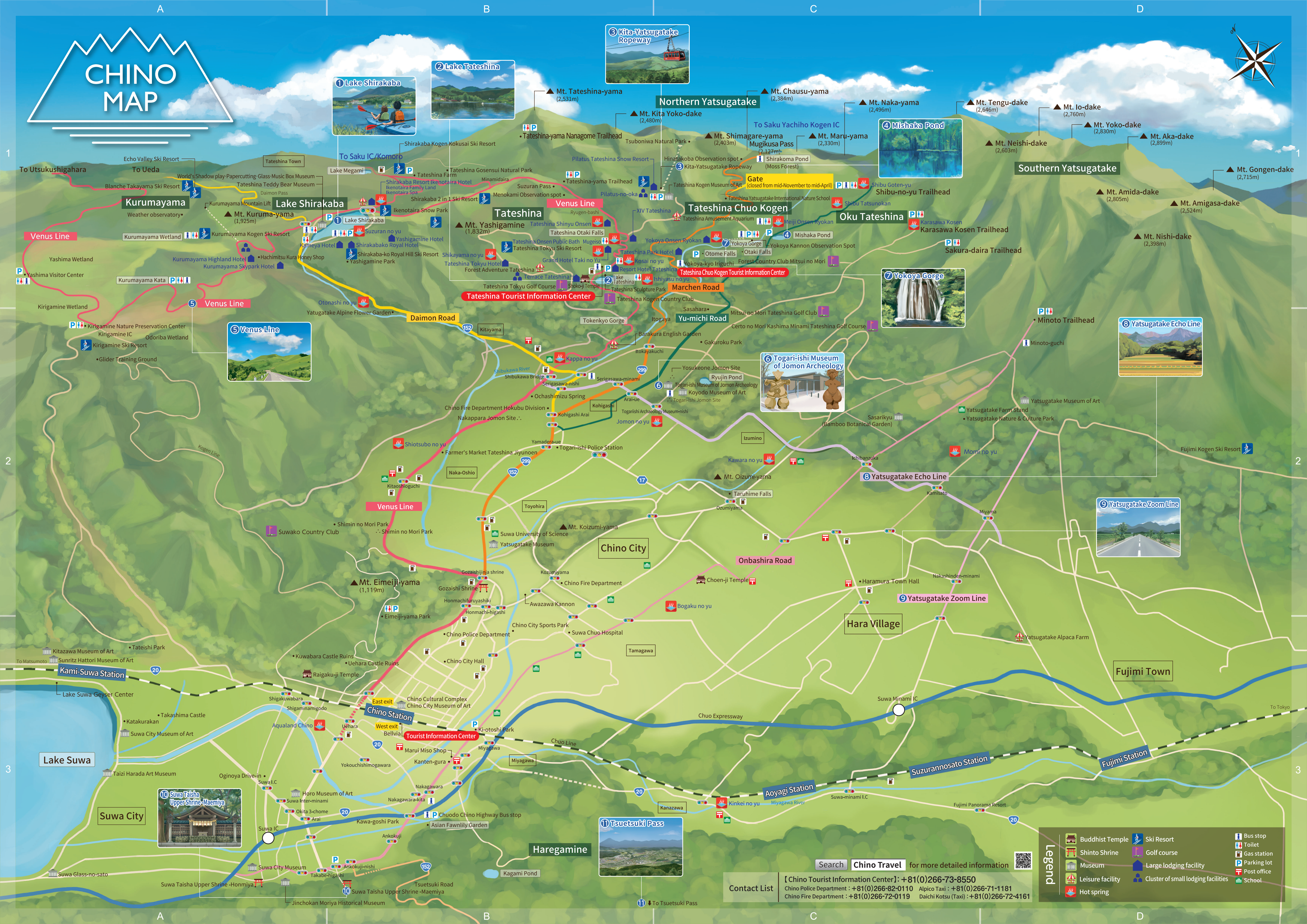


CHINO MAP



- Legend**
- Buddhist Temple
 - Shinto Shrine
 - Museum
 - Leisure facility
 - Hot spring
 - Ski Resort
 - Golf course
 - Large lodging facility
 - Cluster of small lodging facilities
 - Bus stop
 - Toilet
 - Gas station
 - Parking lot
 - Post office
 - School

Contact List

[Chino Tourist Information Center]: +81(0)266-73-8550

Chino Police Department : +81(0)266-82-0110 Alpico Taxi : +81(0)266-71-1181
Chino Fire Department : +81(0)266-72-0119 Daichi Kotsu (Taxi) : +81(0)266-72-4161

Search **Chino Travel** for more detailed information



Nature

With an elevation that goes from 700 to 2899m (the peak of Mt.Akadake), Chino is a region rich in landscapes.



1 Yatsugatake Mountains (B-1~D-1)

On the northern Yatsugatake, mystical mossy forests cover gentle slopes, while on the southern side, steep rocky peaks attract challenging hikers.



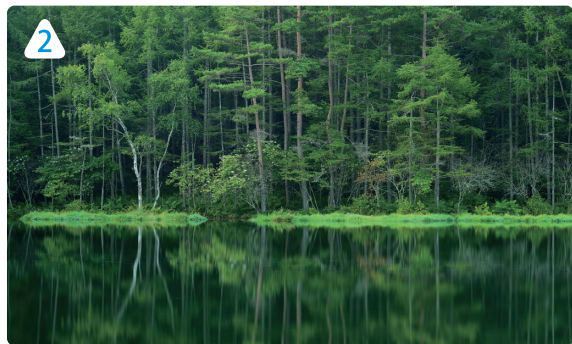
1 Togari-ishi Jomon Archaeological Museum(C-2)

See two of the oldest statuettes in the world, the "Jomon Venus" and the "Masked Goddess."



History & Culture

Explore the culture of the region, where people have been living in harmony with nature for over 10,000 years.



2 Mishaka Pond(C-1)

Picturesque pond that reflects the surrounding conifer forest like a mirror.

3 Yokoya Gorge(C-1)

Lush gorge where a 6km path coasts a river interwoven with waterfalls. A must-see in the autumn foliage season.



4 Lake Shirakaba(A-1)

Highland lake where you can enjoy aquatic sports in summer and play with snow in winter.

5 Lake Tateshina (B-1)

Located at the center of the thermal retreat of Tateshina, this quiet lake features a promenade and a sculpture park.

So many fun things to do in Chino!

Lake Shirakaba + Kurumayama Area

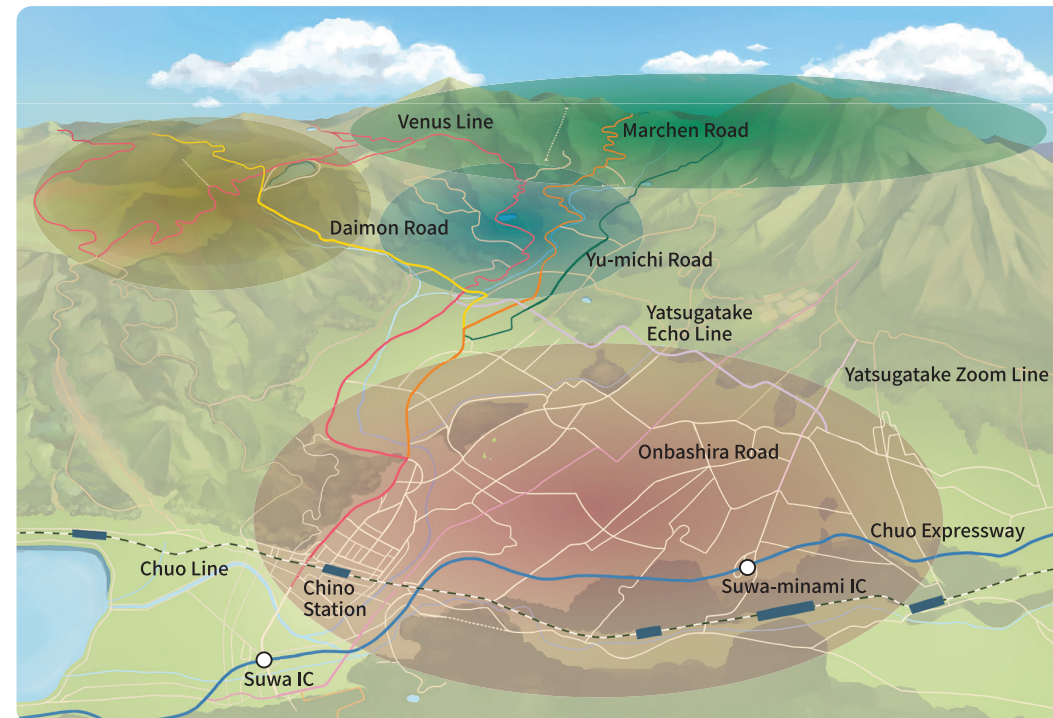
A paradise for outdoor lovers where you can hike, jog, cycle, canoe, ski, and more at over 1,400m.

Tateshina Area

A sanctuary of relaxation for centuries, over 6 types of hot springs flow in this highland onsen resort.

Yatsugatake Mountain Area

A long-extinct volcano of almost 3,000m, the Yatsugatake offers trekkers great views of Mt.Fuji and the Alps.



Town • Rural Village Area

A site of peaceful hamlets, where you can explore ancient shrines and artifacts dating back thousands of years.



2 Suwa Taisha-Upper Shrine Maemiya(B-3)

Suwa Taisha is the spiritual heart of the region and one of the oldest sanctuaries in Japan.

3 Jinchokan Moriya Historical Museum(A-3)

The museum, which contains precious antique texts, was designed by the well-known architect Fujimori Terunobu.



4 Shoko-ji Temple(B-1)

Inside the temple, there are 300 someiyoshino cherry trees that reach full bloom in early May.

5 Mugeiso(B-1)

Japanese film director Ozu Yasujiro's cottage museum.



1 Onsen(B-1, C-1, etc.)

A secret thermal site used by the samurai of old, this area has plenty of day-use hot springs and onsen ryokan.



★ Soba

Grown at 1,000m, where it is more exposed to the elements, Yatsugatake soba (buckwheat) is characterized by sweet and flavorful taste.



2 Ski(A-1, B-1, etc.)

There are five ski resorts in the area. Most of them offer snow-shoe rental to explore the surroundings.

3 Golf(B-1, C-1, etc.)

Five spacious golf courses are advantageously located in the highland, where you can enjoy the view of the mountains and stay cool in summer.



4 Aquatic sports(B-1, etc.)

The highland lakes offer a wide range of aquatic activities, such as canoe and boat rental.

5 Hiking(A-1, etc.)

Dozens of trails run through the mountain and highland. They range from easy flat paths to steep, challenging ascents.



★ Kanten

Made with agar seaweed, water, and a lot of cold weather, kanten (agar agar) is a healthy ingredient used to make jelly-like desserts.

★ Highland Vegetables

The difference in temperature between day and night helps grow exceptionally sweet vegetables such as celery, cabbage, and broccoli.

★ Miso

Locally produced miso is the most eaten in the country. At the core of its success is the rich and mellow taste.

★ Nozawana Pickles

A traditional preserved food consisting of pickled greens, nozawana is often served with tea at local households.



What to do

In Chino, there is something to do for everyone, from the most active to those seeking relaxation.



Local Products

Have a taste of the delicious food produced for centuries in the foothills of the Yatsugatake Mountains.